

The Health Benefits of CoQ-10

There are a few supplements I consider highly beneficial for nearly all adults. One of these is Coenzyme Q-10 (CoQ-10). CoQ-10 exists in every cell in your body. And, CoQ-10 is critical in generating the energy “currency” of all your cells, adenosine triphosphate (ATP). In other words, your cells require CoQ-10 to help produce the energy you need to live. But, as you age, your levels of CoQ-10 naturally diminish.

And, even if you do your very best to eat wholesome unprocessed foods, your body’s capability to produce CoQ-10, critical for your energy production, declines over time.

One very important reason for using a CoQ-10 supplement is to help boost your body’s fundamental energy level. And, there are many other ways CoQ-10 can help you. As you age and your CoQ-10 levels decline, oxidative insults to your cells start accumulating. This can promote the typical signs of aging.

You need an effective and efficacious way to help turn this process around . . .

How to Help Turn Your Declining CoQ-10 Levels into a Healthier YOU

Here’s how CoQ-10 can help you in many different ways to complement your healthy diet and energize your life:

◆ **Helps you produce more energy for your cells**

- Acts as a catalyst in your body’s various chemical reactions, leading to the production of energy.
- Ignites your body’s engine by jump-starting energy production in your cells.
- You’ll enjoy your new-found energy and stamina levels.

◆ **Boosts heart health**

- Helps strengthen your overall cardiovascular system.
- Helps maintain and balance the critical energy level needed in your body’s most vital muscle... your heart.
- Since you’re passionate about life, you need an optimally-functioning heart.

◆ **Acts as an antioxidant to help protect you from free radicals**

- Provides added defense against oxidation stress to your cells, tissues, and organs.
- Helps recharge other antioxidant nutrients to their active states — and keeps them working
- You’ll feel good about yourself, knowing you’re taking steps to live a healthy life.

◆ **Helps you reduce the signs of normal aging**

- Helps you potentially feel more alert and responsive.
- By keeping blood levels high in CoQ-10, helps you maintain your vitality.
- You're determined to feel young and full of life . . . do not let aging get the best of you.

◆ **Helps you maintain blood pressure levels within the normal range**

- Promotes healthy blood circulation in your body and a more efficient heart.
- Research indicates maintaining proper levels of CoQ-10 can help you maintain normal blood pressure levels.
- Just by knowing you're taking more steps to take control of your health, you could feel more relaxed and less stressed out.

◆ **Provides a boost to your immune system**

- Helps promote your healthy immune system.
- Helps support your immune system by providing a defense against free radicals.
- You'll feel great about yourself knowing you're taking action to potentially boost your immune system.

◆ **Supports your nervous system**

- Helps promote an active mind.
- Your brain is one of the most active organs in your body and requires uninterrupted energy.
- Nothing beats having an active mind to help you deal with all of life's challenges — and to help you make healthy decisions for your family.

By now, you should see the power of CoQ-10, and understand why I believe it provides you with extraordinary benefits to complement your healthy diet.

There is another very strong reason to take CoQ-10 . . .

Why You Should Replenish Your CoQ-10 Levels When Taking Statin Drugs

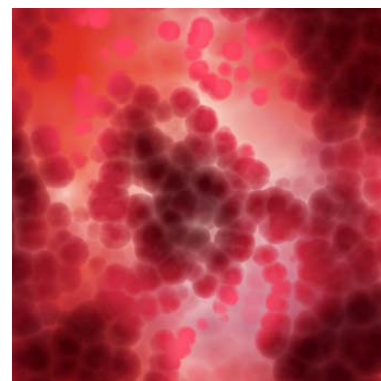
If you or anyone you know is taking a statin drug, I truly believe it is absolutely essential to start taking a CoQ-10 supplement immediately to replenish your CoQ-10 levels. Why? Statin drugs work to lower your cholesterol in the same pathway your body uses to produce CoQ-10.

Now you might ask: *"Why would you take a statin drug in the first place?"*

Normally, it has been suggested that well over 95% of people placed on statin drugs do not need them (although, you should *always* consult a physician before stopping any medication).

I believe people should be able to easily optimize their cholesterol levels with simple lifestyle changes. The journey to good health can be long and complex for many people. Some people simply require more time to make the transitions in “*weaning off*” these dangerous drugs.

So, if you or someone you care about is taking a statin drug, I suggest that you start using a high quality CoQ-10 supplement right away. But *not just any* CoQ-10 supplement. The criteria for selecting a top-notch CoQ-10 supplement should be the following:



Statin drugs work to lower your cholesterol in the same pathway your body uses to produce CoQ-10

It must:

- Deliver a high-absorption formula regardless of your age
- Be all-natural with NO synthetic ingredients
- Come from a highly reputable company with some of the strictest quality control and safety standard practices in place

Ubiquitous Ubiquinol . . . Everywhere in Your Life

When searching for a top-notch CoQ-10 supplement for my company and its affiliates and customers, I quickly found an endless sea of brands and choices available. However, I discovered that a recent scientific breakthrough now makes an advanced form of the nutrient available . . . a form I believe is superior.

You see, CoQ-10 by itself is also known as ubiquinone. To benefit from the form of the nutrient needed to produce cellular energy, your body must convert the ubiquinone to ubiquinol.

Critical CoQ-10 levels decline as you age. I believe this is a must-have supplement!

Ubiquinol exists everywhere there is life . . . it is ubiquitous!

The challenge you face as you age is this — your body levels of CoQ-10 continue to diminish.

In addition, your capability to convert CoQ-10 to ubiquinol also declines. It becomes more and more difficult for you to produce the ubiquinol you need to keep your energy level high. With the advanced nutritional supplement, you now can have the ubiquinol formula . . . the active form of the CoQ-10 nutrient. This form can be significantly more absorbable than ordinary ubiquinone.

The reason is quite simple. With ubiquinol you're not as dependent on your body to convert ubiquinone to ubiquinol — it's already in the active state your body needs. However, not everyone needs the ubiquinol formula. If you are younger, your body should absorb regular CoQ-10 just fine. In fact, research studies show that younger people do not absorb ubiquinol as well as older folks. So, if you are young, sticking to a regular formula makes more sense.

That is why I decided to offer both regular CoQ-10 and ubiquinol-based CoQ-10 in the line of advanced nutritional supplements my company has.

Why These Formulas Stand Above the Rest

As you have already seen, using a high-quality CoQ-10 supplement provides great benefits. And, statin drug users could begin taking the supplement immediately to help replenish their CoQ-10 levels.

There are even more possible advantages for you in the way CoQ-10 can . . .

- Support healthy gums
- Boost your body's immune system
- Help maintain normal blood sugar levels
- Support muscle recovery from intensive workouts
- Promote normalization of your weight

100% Natural, Without Any Synthetics

One of the biggest challenges faced by any manufacturer of ubiquinol is how it easily oxidizes in the air. This adds to the instability of the nutrient. To overcome this issue, the manufacturer of the CoQ-10 supplements actually established technology that enables the production of ubiquinol in stable bulk quantities. This results in a 100% natural formula that achieves higher elevations of circulating CoQ-10 in your bloodstream.

Why Would You Settle for Inferior Quality?

The developer and manufacturer of CoQ-10 must also demonstrate proven quality practices. There are literally hundreds, if not thousands, of CoQ-10 supplements on the market today... but there are only a few great ones out there... and even fewer provide the advanced ubiquinol formula.

That's why I spent many long months researching to identify what I believe is one of the top CoQ-10 supplement manufacturers in the U.S. today. **Completed FDA notification of ubiquinol product as a New Dietary Ingredient (NDI) – unique position by this CoQ-10 manufacturer**

- Follows strict Pharmaceutical GMP standards in its manufacturing processes
- **Awarded and filed applications on at least 24 US and international patents – including 10 for its CoQ-10 ubiquinol manufacturing process**
- Announced self-affirmed GRAS (Generally Recognized as Safe) status
- **Delivers Kosher certified product – No animal-derived products exist in the CoQ-10 products or can find their way into the raw materials during the manufacturing process.**

How High-Quality Means Exceptional Value You Can Rely On

The scientific community continues to conduct many research studies using CoQ-10 in both ubiquinone and ubiquinol forms. To date, the safety and reliability reports on the supplement remain solid.

- **From the American Cancer Society: “Few serious reactions to CoQ-10 have been reported.”**

- From the University of Maryland Medical Center: “Coenzyme Q-10 appears to be generally safe with no significant side effects...”
- **From the National Center for Complementary and Alternative Medicine (NCCAM) at the National Institutes of Health (NIH): “No serious side effects have been reported from the use of coenzyme Q-10.”**

5 Clear-Cut Reasons For You to Act Now

- 1 Boost your energy and stamina levels
- 2 Support the health of your cardiovascular system
- 3 Help you feel younger and reduce the normal signs of aging
- 4 Enhance the support of your immune and nervous systems
- 5 Replenish your CoQ-10 levels if you're taking a statin drug

[To Order CoQ-10 with Ubiquinol, Click Here.](#)