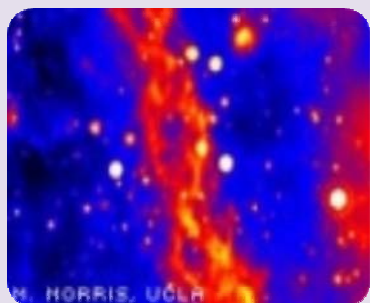


# Synthetic Vitamins Increase Death Rates

## Toxic Vitamins Linked To Human Death Rates

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Synthetic vitamins are not good for you. You may have taken multi-vitamins for years figuring that they wouldn't hurt you. Unfortunately, research shows that taking them is actually worse than not taking anything if they are synthetic. IE-Centrum Silver, One-A-Day, etc. – pill form mainly!

In 1941 research done by Dr. Agnes Faye Morgan at the University of California found that animals fed synthetic vitamins had toxic reactions or died more quickly of degenerative diseases compared to those fed whole foods. She stated that the enrichment of processed foods with synthetic vitamins may "precipitate conditions worse than the original deficiency."

A study of 29,000 Finnish smokers proved that synthetic vitamins increased death rates significantly enough to stop a 10-year study prematurely. The risk of cancer increased by 16% and there were more heart attacks, more strokes, and an 8% higher increase in the overall death rate.

A Harvard study of 22,000 physicians reported no health benefits from synthetic vitamins. Other studies report toxicity and serious side effects. In one case, synthetic beta carotene blocked antioxidant activity and anti-cancer activity of 50 antioxidants in the diet.

In a Fred Hutchinson Cancer Research Center study, 18,000 American men and women at risk of lung cancer took either a placebo or supplements of synthetic vitamin A. The researchers lead by Dr. Gilbert Omenn stopped the study in January 1996 because the group on supplements had a 28% higher incidence of lung cancer.

Most of the multi-vitamins and many of the individual vitamins on the market are made with synthetic vitamins. The profit margin is huge compared to whole food vitamins. But, as you can see, not only do they not work, but they actually harm your health. Fortunately, there are a few multi-vitamins that do not contain synthetic vitamins.

However, there is a Whole Food Form Vitamin where the Minerals are harvested from plants which are organically grown. An article in the Volume 71, 2000, edition of peer-reviewed Journal of Food Chemistry stated that plant-based minerals are much more easily absorbed by the body. The article referenced a study showing the body was able to use less than 10 percent of the synthetic minerals contained in the most popular brands of multivitamins. By contrast, the body was able to assimilate between 80% to 98% of the minerals derived from plants.



Let's take a look at a whole food liquid supplement formulation that does work!

**NHR's 12-in-One Liquid Vitamin / Mineral Formula** not only works well, and is non-toxic, but it is economical as well! At ONLY \$19.95 per month, it is very affordable for the masses to consume at 1-2 ounces per day! Now most of you know why we need to supplement, but for those who don't, it is very simple! Our native farmers have virtually depleted our soils of nutrients due to over farming of the lands! No matter if you eat organic foods or not, the nutritional value is

just not there! Why? Two studies prove it! The first was done by *GreenPeace* in 1992, and they found that the American soils were 85% depleted of nutrients! Linus Pauling (twice Nobel Peace prize winner) also did a study that found that over 99% of ALL Americans were mineral deficient and that every single illness was tied to this deficiency! Simply look around you and see how many people are sick and how often they are!

So, with all that being said, how about an opportunity to take a liquid vitamin and mineral supplement that truly works and has a 60-day 100% money back guarantee. You can enroll for **F\*R\*E\*E\*** -- then purchase at 50% off retail?

How was I converted? I have been on nutritional supplements for years, and, one day I was presented with a new liquid supplement to try. I simply took 1 ounce per day for the first week and compared my results to the other liquid supplement I had been taking - and the results were self-evident! Not only do I get better results with the 12-In-One product, but it tastes 10 times better! Also, the ingredients are much, much better than the "other product".

If you want to maintain optimal health for you and your family, you really need to try this just once and FEEL the difference! The worst that could happen is you get **F\*R\*E\*E\*** product to try for 60-days.

[www.TheOunceThatCounts.net](http://www.TheOunceThatCounts.net)