

Naturally Draw Toxins From The Body ... While You Sleep!

Seeing is believing...

Actual photographs before and after use.
(Results may vary between individuals)

Depending upon what the patches are absorbing, the color-stain typically ranges somewhere between a green, grey, black, brown, or tan coloration.



The first step to vibrant health is ... Detoxify the body of health-repressing toxins and pollutants.

The Takara Detoxifying Foot Patch is an easy, unobtrusive way to assist your body in the removal of the myriad of pollutants that invade our bodies on a daily basis; and also from the health-repressive toxicity accumulations that impede our bodies from achieving the true wellness we should be experiencing. A toxic body (with an overburdened liver and a sluggish and congested lymphatic system) simply cannot maintain the normal cleansing performance required to advance optimal health. In addition to the over abundance of naturally-occurring toxins, it is estimated that over 400 synthetic chemicals and other man-made toxins permeate the body of the average individual today. Over time, if these toxins are not removed, it is believed that they potentially may lead to various debilitating and chronic health conditions. However, once the various body components (organs, tissues, cells, tissues, blood, etc.) that may have been adversely affected by the toxins are cleansed, the body makes its natural adjustments to return to its original state of health and balance. Then, as the body releases these toxins, negative health symptoms that may have been caused by the toxic overload may start to recede and even disappear altogether!

What can be done about this modern epidemic?

Fortunately there is a natural solution: The authentic Takara Detoxifying Foot Patch! The Detoxifying Foot Patch is the premiere 100% natural detoxifying and pain relief foot patch. The official Takara recipe is reported by Consumer Report to be the most effective on the market; time-tested, and utilizing only the highest purity and grade of ingredients possible - blended in the precise Takara formula ratios for the absolute maximum detoxifying results. The Takara Detoxifying Foot Patch contains only natural ingredients, harvested at the peak of their potency, and precisely blended to produce the maximum results in a detoxifying foot patch.

Why apply it to the soles of the feet?

According to ancient Oriental knowledge, our human body has **over 360 acupuncture points, with more than 60 acupuncture points** found on the soles of the foot. Known as the “*second heart*”, they are the reflective zones of our major internal organs; however, they are also potential homes for toxins. When the blood circulates to the soles of the feet, the foot patch can absorb toxins released from these acupuncture points. The Takara Detoxifying Foot Patch comes in a white sachet that is applied to the soles of the feet. After only one night of use, there may be significant changes to the color and odor of the sachet (from brown to grayish black), as it reflects the amount and degree of toxins which were extracted from the body. With continuous usage, there should be a visible reduction in the stain and odor of the sachet.

Circulation of blood and lymphatic fluids reach their furthest point in the soles of the feet before being “*return pumped*” back up into the higher portions of the body. Unfortunately, in today’s society, seemingly too much of our time is spent pursuing sedentary activities. This can lead to circulatory problems and an inhibited flow of the lymphatic fluids in the body (the lymphatic system in fact has no pumping organ like the circulatory system, and, thus, relies upon sufficient motion and bodily activity to precipitate fluid motion) as they begin to accumulate in the ankles and lower legs due to gravity.

The feet are also called “*the mirror of the body*”, as the various reflex points and nerve endings can be traced to various areas on the feet. This is what reflexology is based on.

[NOTE: See the Interactive Reflexology Chart and Diagram for reference.](#)

Ancient Chinese Reflexology teaches that stimulation and toxicity release from these sensitive mirror points, may also lead to vitality and wellness for the associated body parts. At the very least, the removal of toxic buildups in the body can only promote increased health as the body’s functions, processes, and immune system do not have to be taxed so hard to maintain optimum regulatory functions.



FDA Registered

- **KFDA Certification**
- **ISO 9001 Certification**
- **KSA 9001 Certification**

The natural powers of nature can be harnessed for human uses.

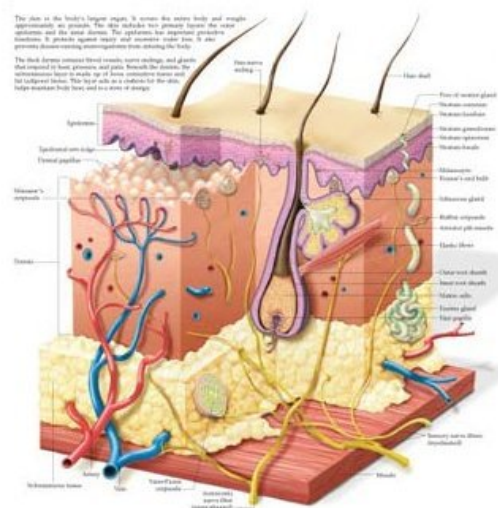
This original Asian study of the unique health, longevity, and natural disease resistance of particular mature trees deep in forests led to the beginning of the formulation of the ingredients for the foot patches. These special trees' ability to not only purify large amounts of ground water through the roots into high quality water transported for the trunk and leaves, but, the powerful absorbing and detoxifying power of the wood sap made it a study-matter ingredient for human use. However, after years of research and study, these ingredients were only the beginning for what would later become the basis for the amazing Takara Detoxifying Foot Patch.

Potent, high-quality, all-natural ingredients in the Takara Detoxifying Foot Patch include the powerful combination of wood sap, bamboo sap, and ionic tourmaline minerals. The patches also contain Agaricus mushroom, chitosan, eucalyptus sap, saururus chensis, and cornstarch, to complete the detoxifying formulation. In the end, the combination of these robust ingredients in the precise herbal ratios became the Takara Detoxifying Foot Patch standard that would take the world by storm!

What is the Lymphatic System?

The lymphatic system and the cardiovascular system are closely related structures that are joined by a capillary system. The lymphatic system is important to the body's defense mechanisms; as it filters out organisms that may cause disease, produces certain white blood cells and generates antibodies. It is also important for the distribution of fluids and nutrients in the body, because it drains excess fluids and protein so tissues do not swell up. It is through the actions of this system – including the spleen, the thymus, lymph nodes and lymph ducts – that our body is able to fight infection and ward off attacks from foreign invaders. Without a properly functioning, or overburdened, lymphatic system, it is impossible to enjoy optimum health. The Takara Detoxifying Foot Patch can help assist the lymphatic system and the related blood network to help cleanse and revitalize the body to better health.

Toxins Released Through the Skin



The Takara Detoxifying Foot Patch can assist the body in achieving an enhanced state of wellness (homeostasis), by helping support improved blood circulation, increased metabolism, enhanced quality of sleep, and the absorption of expelled bodily fluids and toxicities. The foot patch assists in the release of toxins through the skin, similar to the same cellular osmosis process utilized in the plant kingdom. The unique formulation has the powerful ability to absorb the lymphatic toxins which form in the human body over time, potentially relieving the painful areas in the body - all while you sleep! This process can help cleanse, revitalize, and strengthen the body's immune system to promote natural healing and restoration that the immune system was designed to perform.

Negative Ions and Far Infrared Rays

Negative Ions have been shown in scientific studies to restore balance to the nervous system, boost immunity, improve metabolism, and to assist the body in healing itself naturally. It is well known that consuming more alkaline foods, i.e. fruits and vegetables, is beneficial to human health. An acidic PH balance of the body, on the other hand, makes the body weak and susceptible to sickness. Acidification of the blood, which is caused by the loss of electrons, can be prevented by Negative Electric Ions which contain an abundant amount of electrons for improving the body's immunity and resistance to illnesses. This is the reason Negative Electric Ion products are becoming more and more popular today.

Metabolism, which is the process of acquiring nutrients from the blood and excreting waste out of the body, is extremely important to the human cells. The more Negatively Charged Electric Ions there are in the blood, the more efficient the cell's metabolism process. An experiment was conducted on electric ions and the permeability of the cell membrane. In the experiment, skin was used to exemplify the cell membrane. When positively charged ions were permeated into the surface of the skin, its pores and sweat glands began to contract. However, when Negative Electric Ions were permeated into the surface of the skin, its pores and sweat glands expanded, which demonstrates good metabolism of the cell membranes. This phenomenon is called "**Prototype Plasma Membranes of Dermal Reflectivity**". Dr. Arudoman of Germany conducted a research regarding the influence of ions to the human body. He proposed the following hypothesis:

Negative ions are beneficial to the human body in four major ways:

- * Strengthens the body's immune system
- * Improves the permeability of the cell's prototype plasma membranes (metabolism)
- * Reinforces collagen (tissues that are resilient and tension-related)
- * Strengthen the functions of autonomic nerves



Electromagnetic waves outside the visible spectrum of light in the range of 0.76 - 1.5 μ m are called **near-infrared rays** – those in the range of 1.5 - 5.6 μ m are called **middle-infrared rays** – and those in the range of 5.6 -1000 μ m are called **far-infrared rays**. Among these, far-infrared rays in the range of 6-14 μ m are known to be most beneficial for human health. Far-infrared rays cause electromagnetic resonance. As a result, the substance absorbs the infrared rays and produces beneficial heating effects. Since far infrared rays, due to their long pattern of waves, are less prone to scattering by corpuscles, compared to ultraviolet rays or visible light waves, they exhibit efficient osmotic effects. Such rays equally heat the surface and interior of the target by permeating into the skin.

Far Infrared benefits to the human body:

- Far-infrared rays promote blood circulation by stimulating the movement of the peripheral nerves and capillary vessels, and are effective in the dissolution of blood clots.
- Far-infrared rays produce the magnetothermal effect by activating water molecules. The magnetothermal effect induces strong perspiration, which helps in eliminating waste products.
- By helping in the efficient elimination of waste products or heavy metals that have accumulated in the body, far-infrared rays promote metabolism.
- Far-infrared rays also activate cell organizations that help eliminate waste under the skin, and induce the skin's breathing and revitalization.



Tourmaline is a semi-precious stone and mineral that emits negative ions and far-infrared rays (FIR). It is known to be helpful for improving circulation, relieving stress, increasing mental alertness and strengthening the immune system function. The energy produced by this mineral has been shown to increase circulation and metabolism on a molecular level in the body, allowing for expansion of the cell walls and the transfer of toxins and waste across these membranes into the surrounding blood and lymph systems. As a result, tourmaline is an integral component in the Takara Detoxifying Foot Patch in the precise optimum ratios to maximize its detoxifying properties (unlike many other inferior foot patch brands).

Heavy Metal Poisoning

Not all heavy metals are bad, in fact, in small quantities certain heavy metals are nutritionally essential for a healthy life and are commonly found naturally in foods, fruits, vegetables, and in multivitamin products. However, the exposure of humans to the normal healthy quantities found in naturally-occurring sources is greatly out of balance in today's industrialized world.

Previously, the medical community's concern over metal toxicity was in regard to acute industrial exposure, where certain dramatic measures were performed to stimulate elimination of those metals. More recently, there has been concern over lead intoxication in children from sucking or eating lead-based paint, for example, and legislation has been enacted to reduce this possible contamination. For most of these potentially toxic minerals, there are many common uses and possible contamination sources throughout our society; our concern must be with more widespread and long-term observation of and protection from these dangers. Lead, mercury, cadmium, arsenic, and, more recently, aluminum, are the main toxic minerals. Beryllium, bismuth, and bromine must be considered as well. And, there are other heavy and radioactive metals that could bring future difficulties. Most of these minerals were present in our environment only in minute amounts until recent centuries, when the orientation toward industrialization and production brought about our many technological advances. But technology, like medicine, has its side effects. Mining these metals from the earth and using them in society – as

leaded gasoline or silver-mercury tooth amalgam, for example – have brought all of us into regular exposure with them.

We cannot realistically put all the lead and cadmium back into the earth and cover it up. We need to deal with their presence. Most of these heavier metals are quite stable and decompose fairly slowly, if at all, so they remain in the environment. The basic way that these heavy metals cause problems in the human body is by displacing or replacing related minerals which are required for essential body functions. For example, cadmium can replace zinc, and lead displaces calcium; when this happens, the cadmium or lead is stored in the bones or other tissues and becomes harder to clear, while the important functions of the minerals that are replaced cannot be carried out. Heavy metals become toxic when they are not metabolized by the body and accumulate in the soft tissues. Heavy metals may enter the human body through food, water, air or absorption through the skin in agriculture, manufacturing, pharmaceutical, industrial, or residential settings. Both adults and children are frequently exposed on a regular basis to heavy metals.

The overabundance of heavy metal and chemicals in the human body makes it difficult to absorb the important minerals and vitamins in food that our bodies need. These blockages may add to digestive problems, parasites, allergies, emotional issues and may also make the body more vulnerable to diseases. One solution to dealing with the prevalence of heavy metals in the body is to draw the heavy metal and toxins out of the body through external means. Lab analysis has shown the Takara Detoxifying Foot Patch as being beneficial in assisting the body in drawing out heavy metals through the skin, and binding them in the patch to prevent re-absorption.

Independent Lab Analysis Confirms Toxins

Testing has scientifically proven the effectiveness of the detoxifying foot patches by showing the intensity or presence of heavy metals, toxins, chemicals, or parasites being drawn out into the pads: Aluminum, Antimony, Arsenic, Asbestos, Barium, Benzene, Cadmium, Chlorine, Cobalt, Copper, Fluoride, Formaldehyde, Gold, Isopropyl Alcohol, Lead, Mercury, Methyl Alcohol, Mold, Nickel, Parasites, PCBs, Platinum, Radioactive Materials, Stainless Steel, Tin, Titanium, Uranium.

For those customers who are interested in a scientific analysis of the effectiveness of their used Takara Detoxifying Foot Patches in removing extracted heavy metals, toxins, parasites and various chemical expulsions from your own body, there are several independent analytical labs that can provide a personalized, scientific breakdown of specific toxin components that your used patch has successfully extracted from your own body.



The proof is in the results . . .

Click to [view](#) Spectrometer/Radionics analysis from used Takara Detoxifying Foot Patches.

Click to [view](#) GC/MS lab analysis testing results from used Takara Detoxifying Foot Patches.

How to use the Takara Detoxifying Foot Patch:



1. Remove the larger piece from the adhesive sheet and discard.



2. Place the Takara Detoxifying Foot Patch onto its center, making sure that the writing on the sachets is facing down toward the adhesive surface.



3. Stick and spread firmly onto the sole of your foot. For best results, put them on some time before bedtime, you can wear them around the house if you sleep less than 8 hours.



Before Use



After Use



4.

Allow 8 to 12 hours for toxins to be fully absorbed from your body before removing the Takara Detoxifying Foot Patches.

- Takara Detoxifying Foot Patches work best when placed on the soles of the feet, but they can be placed on other targeted areas of the body.
- While they can be used any time of day, it is preferable to use them overnight as you sleep. Socks worn over the foot patches can help prevent them from coming off during the night, and greatly helps to induce maximum Takara patch/skin contact.

“Seeing Is Believing”



NOTE: The Takara Detoxifying Foot Patch should not be placed over open wounds, mucous membranes, or around the eye area. The Takara Detoxifying Foot Patch can be very effectively placed over other areas of the body where you may be experiencing discomfort or swelling. When using on any area where the skin is naturally moist, oily, curvy or prone to motion; it will help to use some form of adhesive tape or similar product (such as medical tape) to better ensure optimal contact of the patches with the skin. The non-foil backing of the patches ensures the purity, potency, and effectiveness of the ingredients.



[Click Here to view the national Takara patch television commercial.](#)



"My favorite form of detoxifying works while you sleep ... Japanese sap sheets ... draw toxins through the skin, working on reflexology points cleansing, clearing and balancing the nervous system ... When you remove the pads wash your feet as they will be sticky and gooey from the toxins extracted from your lymphatic system".

- The Sunday Mirror: published on September 12, 2004 in the Sandra's Advice Column.