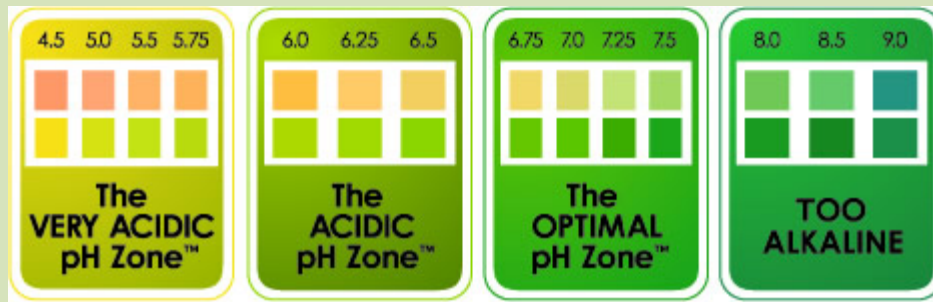


Toss the pH Paper . . . Pick Up the Stix!

Interested in finding out your pH, but never been taught how to do it? Then, this is the place to start. **pH-ion pH Stix™** are the best pH testing strips available for discovering whether your body is in **The VERY ACIDIC pH Zone™** (or “danger zone”), **The ACIDIC pH Zone™** (or “caution zone”), or **The OPTIMAL pH Zone™** (or “healthy zone”). Rarely are people in the **Too Alkaline Zone.**



Advantages

True results – Super-sensitive **pH-ion pH Stix** give you an extremely accurate reading of how acidic or alkaline your tissues really are.

- **No guesswork.** Because our strips are separated in small 0.25 unit increments, you will know - down to the decimal - what your pH is.
- **Easy to read.** Unlike regular pH paper, our double indicator pH strips are easy to read.
- **Versatile.** pH Stix can test both urine *and* saliva to give you the most complete picture of your pH.
- **Economical.** pH Stix are more accurate, more versatile, and easier to read than litmus paper, yet they're surprisingly affordable.
- **Practitioner preferred.** With all those benefits, it's no wonder so many practitioners recommend the pHion brand!

Is your body pH balanced? Find out by testing!

You get your cholesterol tested – You have your blood pressure tested. Now, you can test your pH - easily, accurately, and within the comfort of your own home!

Just like your cholesterol and blood pressure, your pH says a lot about the state of your health. It tells you how acidic or alkaline your tissues and fluids are - and that affects all aspects of your well-being. How? All kinds of ways. If you are overly acidic, you may feel low energy...find it difficult to lose weight...experience poor digestion...suffer from aches and pains...and even fall victim to more serious disorders.

In fact, since acid is naturally corrosive and inflammatory, it irritates the organs it comes in contact with. That's why too much acid can contribute to the demineralization of your bones, teeth, and joints, and have a negative impact on your urinary and gastro-intestinal tracts.

Plus, an acidic environment makes the perfect breeding ground for microforms, which can further compromise your health.

Measuring the pH

The pH scale goes from 0-14, where 0 is very acidic (e.g., battery acid) and 14 is very alkaline (e.g., lye).

In general, the pH of the human body should be slightly alkaline - about 7.4. A pH reading in the *optimal zone* tells you that your insides are happy, while a pH reading in the *danger zone* may mean you're putting yourself at risk for serious disorders. Even a slight pH imbalance can make you feel tired, cause you to gain weight, give you trouble digesting food, and create aches and pains in your body.

Most parts of the body have a pH range they can tolerate. The skin can vary from 4.5 to 7.0, for example. Stomach acid ranges from 1.0 to 3.0. And, pancreatic secretions go from 8.0 to 8.3. But the blood is not so flexible – it has a very narrow pH range: **7.365 to 7.45**. If the pH of your blood goes outside that range even just a little, the functioning of your organs is compromised. If the pH of your blood strays too far from that acceptable range for too long, your body will go into shock...then coma...then death.

That kind of severe metabolic acidosis is rare; however, mild acidosis is now thought to be strikingly common - affecting at least half of the population.

One *point* makes a world of difference

pH does not work like regular numbers do, where 6.0 is “*one point less*” than 7.0. It works logarithmically, just like the Richter scale for earthquakes.

**For each point you drop (*away*) from the ideal point of 7.0,
You are actually experiencing a 10-fold decrease in your body pH!**

For example, someone with a pH of 6.0 is ***ten times*** more acidic than someone with a pH of 7.0. Someone with a pH of 5.0 is ***100 times*** more acidic than someone with a pH of 7.0

Fortunately, pH Stix™ provide an easy, accurate, and affordable way to find out exactly where you stand.

Your urine and saliva hold the key to your health. How do you measure what's going on inside of your body? By analyzing what it's secreting – ***Urine and Saliva***.

Thanks to the kidneys, the body is constantly trying to get rid of excess acids through the urine, which can range in pH anywhere from 4.5 to 8.5. The pH of your urine is a good reflection of the

pH of your internal environment. If your urine tests high in acids (below 6.75), then you know your body is high in acids too. (Not good!) If your urine tests low in acids (above 6.75), then your stores of alkaline minerals are doing a good job of buffering the acids in your body. (Awesome!)

Another way to find out the overall pH balance (or imbalance) of your body is to test the pH of your saliva. Saliva pH can range anywhere from 5.5 to 7.5 or more. If you have enough alkaline minerals, your saliva test should register a nice 7.0 to 7.5. But if your mineral reserves are too low, the acids will overwhelm your system, and you will test under 7.0.

Some people even test as low as 4.5 - 5.75 (*the danger zone*), which is NOT where you want your pH to be. In fact, if your pH tests that low, we recommend you take *immediate* action to correct this acidity. **Remember, because the pH scale works like the Richter scale - i.e. logarithmically - a pH of 5.0 is 100 times too acidic!**

Do not trust your body to a chemical lab litmus pH paper! If you care enough about your body to test your pH, then please, do it the right way. Litmus paper (you know, the kind that comes in a roll) will not give you a truly accurate pH reading because it “bleeds” when it gets wet, which makes it quite a challenge to determine the exact color. Other alternatives exist, but they are not separated into small 0.25 unit increments, which leaves you guessing as to what your actual pH reading is.

Alkalive pH-Ion Stix pH Test Strips



Super Sensitive and Accurate

- Wide Range of 4.5 - 9.0
- Easier to read than pH Paper
- Economical
- Practitioner Preferred
- Tests Urine or Saliva

Is Your pH Balanced? Find Out By Testing

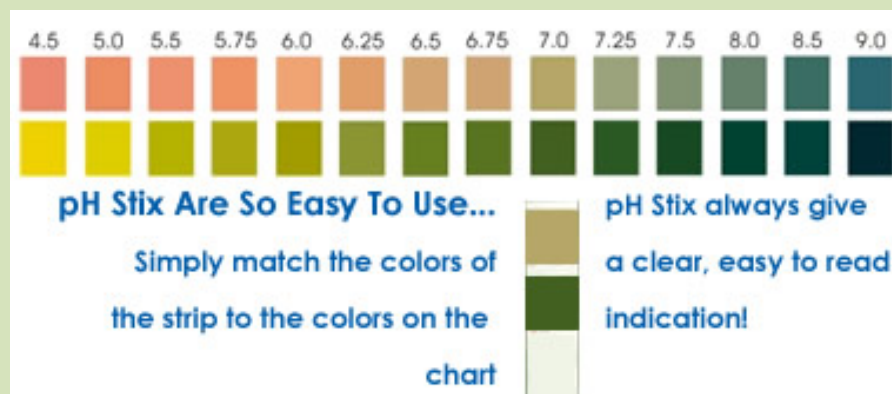
To maintain good health the body is constantly seeking to get rid of the excess acids that irritate the tissues and deplete them of minerals. One of the principal systems it uses for this purpose is the renal system (kidneys). The normal rate of acid excretion through the kidneys gives urine a pH that falls between 6.75 and 7.25. By testing the degree of acidity of the urine, you can determine whether your body is eliminating a normal quantity of acids. If the acid excretion rate is higher than normal, the urinary pH will be more acidic. This low urinary pH is also an indication that the body is saturated, and, therefore, in an acid state.

Another indicator of the overall pH balance in your body is the pH of your saliva. When your body has the mineral reserves that it should, the abundance of minerals will show up in a saliva pH test as a pH reading of 7.0 to 7.50. A low saliva pH reading indicates that the mineral reserves in your body are low, and are being used to buffer acids elsewhere in the body.

There is a strong correlation between the pH of the body's internal environment and that of the urine and saliva: urine and saliva become acidic when the body's internal environment becomes acidic. You can discover the pH of these fluids by using the pH Stix™. These pH test strips are made specifically to test saliva and urine, and are the most accurate and economical test strips on the market.

pH-Ion pH Stix are unlike most pH papers or test strips available.

- They are made and calibrated specifically to **test urine or saliva**. Due to the narrow range in pH of these bodily fluids (generally 5.8 to 7.6) it is imperative that a pH testing device gives a clear indication in “small” pH unit increments. Ours do!!! The **pH-Ion pH Stix** give a reading in .25 pH unit increments, and test a range of 4.5 to 9.0).
- Because the reagent (the stuff that creates the change in color) is affixed to a plastic strip – there is ***no paper, no bleeding, and no mess***. In fact, pH Stix are the *only* test strips on the market that can pass through a urine stream without having the reagent bleed, making them **exceptionally easy to read**.
- They have a **double-color indicator design** that uses two squares containing two different pH reagents. The top square of reagent is more sensitive to higher pH ranges (6.75 ◆ 9.0) and the bottom square of reagent is more sensitive to lower pH ranges (4.5 ◆ 7.25). Simply put, our double color indicator pH sticks **measure a wider pH range for a more accurate determination of the pH value**. Test your body regularly to make sure you are in the optimal pH zone, with **pH-Ion pH Stix**.





Compare **pH-Ion pH Stix™** with standard pH paper from rolls. pH paper tends to bleed when it gets wet, making the correct determination of the correct color quite a challenge. **pH-Ion pH Stix** are different- the reagent is affixed to a plastic stick. No paper, no bleeding, no mess; easy testing – making these the clear choice.

pH-Ion pH Stix™ are packaged in a box containing 80 pH test sticks. We offer discounts for buying 3 or more. We also offer a small pack of 15 pH test strips as a sample.

This is what Dr. Ted Baroody, author of *“Alkalize or Die”*, has to say about pH Stix: *“I get hundreds of calls for pH testing materials. pH testing is very complex. There are individual pH testing substances for everything, but they are very expensive. This particular strip is reasonably priced too. I have looked a long time and through many companies to find quality pH strips. My experience with litmus pH paper strips has not been good. I do not recommend them.”*

SALIVA: Take a saliva reading before and after meals. The alkaline levels of your saliva should be greater after meals because there is an abundance of alkaline-rich minerals in saliva. Then test your saliva 60 minutes after a meal. If the pH level is lower than 6.75, then your alkaline mineral reserves are low.

URINE: For best test results, test your second urination in the morning. You will likely see urine pH become more alkaline as the day progresses. Test frequently during the day, and determine an average.

pH Stix™ come complete with directions, indicator color chart, and a guide that shows how to interpret the results. pH Stix™ are included in all of our Supplement Paks.



Alkalive pH Stix

80 Test Stricks

Range – 4.5 to 9.0

Price: \$11.95 - plus Tax & Shipping

*****3 Paks @ \$29.95 - plus Tax & Shipping**