

Discover the Magic of pH Balance

The pH level (acid-alkaline measurement) of your internal fluids impacts every cell in your body - which is constantly managing the pH levels within the fluids and tissues of your body. When it has difficulty doing this, it will have to compensate in a manner that often creates a counter balancing affect. For example: In order to neutralize acid, your body may pull calcium (which is an alkaline mineral) out of your bones in order to compensate for the lack of calcium within your body fluids . . . of course, the affect of this is *osteoporosis*. Chronic acidification in your body will interrupt cellular activities and functions.

When the pH of your body becomes too acidic, you may experience tiredness, stress, fatigue, excess weight, poor digestion, aches and pains, and even more serious disorders.



The body becomes imbalanced and overly acidic, primarily as a result of three things:

1. **Ingesting acids.** Eating too many acidifying foods like processed sugar, meats, dairy, coffee, alcohol, etc., creates an acid ash in the body. These acids can overload the body's ability to neutralize them.
2. **Creation of acids.** Pathogens and microforms create acidifying toxins in the body. As the body becomes more and more acidic, bad bacteria, yeasts and other microforms proliferate in the body. Since these organisms are living, they eat, as well as create, resulting toxins. These toxins are often very acidifying.
3. **Improper elimination of acids.** Not all acids are the same; some are weak and some are strong. Weak acids, like citric acid, are much easier to neutralize than strong acids, like uric acid. The body uses many systems in order to buffer acids, including breath, mineral reserves, and fat. When the body's buffering systems become compromised, excess acids build up.

The process of "*pH balancing your body*" begins with proper diet, hydration, and nutrition. This includes eating a higher percentage of alkaline foods (vegetables, low sugar fruits, etc.), properly hydrating your body, (drinking plenty of pure Alkaline, Ionic, Structured Water alkaline, ionic, structured water), and proper nutritional supplementation.

A great book to begin learning about pH is "*The Acid-Alkaline Diet for Optimal Health*", by Christopher Vasey, ND. [To purchase this book, Click Here.](#)

VIBRANT HEALTH actually donates and adds value to the rest of your life. It means that you have excess energy, a clear mind, a radiant glow, and a body that operates in a peak state. pH Balance is central to your health . . . and your life – because ***LIFE only exists where there is balance*** – your body is totally regulated by pH.

Even though you are designed to operate in an alkaline state, your cells must produce acid in order to function. Optimal health . . . LIFE . . . can be found when these two forces are in proper balance. When your body moves out of balance, then LIFE takes a back seat.

Ultimately, when you discover pH Balance and get your body into its optimal state, you will create the necessary environment – the ***Biological Terrain*** - for the 50 trillion cells that make up your body to thrive. Your skin cells will thrive, your blood cells will thrive, your muscle cells will thrive, your bone cells will thrive, your brain cells will thrive, etc., etc.

**VIBRANT CELLS are the building blocks of a VIBRANT BODY and VIBRANT HEALTH . . .
and it ALL starts with pH Balance!**

Check the pH levels of your Saliva and Urine on a regular basis with our [pH Stix, pH Test Strips](#). Optimal health starts with balancing your pH.

PRODUCT INFORMATION

- [Acid Alkaline Foods](#)
- [Alkaline Supplement](#)
- [Alkaline Water](#)
- [Alkaline Water pH Drops](#)
- [Alkalizing Products](#)
- [Antioxidants](#)
- [Colon Cleansing](#)
- [Detoxification](#)
- [Draining Acids](#)
- [Enzymes](#)
- [Green Drink](#)
- [PREbiotics](#)
- [PRObiotics](#)

[To purchase any of the pH supplements, Click Here.](#)

Vibrant Health, Energy and Longevity Begins With pH Balance.

Did you know that the pH level (acid-alkaline measurement) of your internal fluids affects EVERY cell in your body? Extended acid imbalances of any kind can overwhelm the biological terrain of your body.

Just as your body regulates its temperature in a rigid manner, so will it manage to preserve a very narrow pH range - especially in the blood. As a matter of fact, your body will go to such great lengths to maintain a blood pH range of 7.365 to 7.45 that it will even create stress on other tissues or body systems to do so. Chronic acidification will interrupt all cellular activities and functions - it interferes with life itself!

When the pH of your body gets out of balance (too acidic), you can experience low energy, fatigue, excess weight, poor digestion, aches and pains, and even more serious disorders.

The body becomes imbalanced and overly acidic primarily as a result of four things:

1. Acidic Diet
2. Toxicity and Microform Overgrowth
3. Improper Elimination and Neutralization of Acids
4. Dehydration of the Biological Terrain

The process of restoring pH balance begins with proper diet and nutrition. This includes eating alkalizing foods (vegetables, low sugar fruits, etc.), super hydration (drinking plenty of ionic, structured, Alkaline Water), and proper supplementation.

HealthStyles4URx has a complete line of products to augment pH balance. We have developed a complete holistic system that combats acidity and the negative impacts of it at every level, which includes:

- ✓ Cleansing and Detoxifying the Biological Terrain
- ✓ pH Balancing Regimen
- ✓ Antioxidant Therapies
- ✓ Hydrating the Body with Pure, Alkaline Water
- ✓ Balanced Nutritional Regimen

The Alkaline Booster System

The Alkaline Booster contains Antioxidants and Minerals. Drinking your antioxidants and minerals is the easiest way to alkalize your diet. Feel the benefits for yourself. Alkaline water provides the minerals the body needs to buffer excess acidity from the metabolism of food. You will feel the difference. Tea, coffee, and other drinks, taste better, too!

pH Balance – a Key to Healthy Living

It is up to you to assist your body in winning the fight to maintain proper pH balance. Stress and diet all present their challenges to our system. Drinking water is one of the easiest and most important things to do for your body. Drinking water that is purified – and preferably alkalized – is even better. Here is where our special pH balancing products can help you – first, get the **Alkaline MicroWater Ionizer** for in-home use, and second, when you are on the go, as most people are, the **Alkaline Booster System** is the perfect companion to have with you.

Many foods create excess acidity in the body in the course of the metabolic cycle. High stress can further add to the load. Eating foods that alkalize the body helps support the need for buffering the acidity. Drinking water with plentiful mineral content is another easy measure.

The Alkaline Booster System can be added to your preferred water to raise the pH, and also to offset the acidity in coffee, tea and other drinks.

What is the Alkaline Booster System?

The *Alkaline Booster* supplies valuable minerals in the form of colorless, odorless, and tasteless drops that can be added to water. By adding just 3-4 drops to a glass of water, you can increase the pH to about 8-10. The minerals can buffer acidity from metabolism in the body. The *Alkaline Booster* is made from organic potassium substances such as potassium bicarbonate, potassium lactate, potassium citrate and 79 trace minerals from marine deposits that have been amino acid (L-Carnitine)

Discover and Experience the Magic of pH Balance –
Contact HealthStyles4URx today!!!

For information about the Alkaline MicroWater Ionizer, [Click Here.](#)

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